

Dr. Jen doesn't only talk about weight management, renewed energy and sexual vitality for women over 40 - she is a living, breathing example that all of that and more are possible. The Sex Drive Solution is a wealth of information not only from an expert doctor, but a woman, a wife, a mother who has walked a mile in your shoes. Sex Drive Solution offers women of all ages the chance to learn what is happening to their bodies, why sex isn't over after 40 and how to reinvent their love lives in every stage of life. Using her expertise as an OB/GYN and now a pioneer in bioidentical hormone therapy, Dr. Jen shares real life stories of patients who have re-ignited their sex-lives and experienced complete wellness transformations with renewed energy and zest for life! Applying The Sex Drive Solutions, women can stop dreaming and start living sexier and happier than they ever believed possible. Part doctor, part cheerleader, part coach, Dr. Jen's Sex Drive Solution helps women set and achieve realistic goals to "Get Your Sexy Back and Keep It!"* Secrets to mid-life weight loss* The key ingredient for amazing sex at any age* Creative ways to revive a bored libido* A Libido Quiz to help you find the sex sinkers in your life* Answers to, "What if it's him, not me?"* The truth about hormones from a leading expert* The best remedies for rekindling desire (and which ones to avoid)* Proven techniques to revive energy and kiss chronic fatigue good-bye Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real estate. Atlantic Publishing prides itself on producing award winning, high-quality manuals that give readers up-to-date, pertinent information, real-world examples, and case studies with expert advice. Every book has resources, contact information, and web sites of the products or companies discussed. This Atlantic Publishing eBook was professionally written, edited, fact checked, proofed and designed. The print version of this book is 288 pages and you receive exactly the same content. Over the years our books have won dozens of book awards for content, cover design and interior design including the prestigious Benjamin Franklin award for excellence in publishing. We are proud of the high quality of our books and hope you will enjoy this eBook version.

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The Sex Drive Solution is a wealth of information not only from an expert doctor, but a woman, a wife, a mother who has walked a mile in your shoes. 1 quote from The Sex Drive Solution for Women: Dr. Jen's Power Plan to Fire Up Your Libido: 'Bring whatever is real to your time together.'

The Sex Drive Solution for Women: Dr. Jen's Power Plan to Fire Up Your Libido helps women set and achieve realistic goals to reinvent their sex lives, as well as .

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